

SKI CHATTER

A SCHENECTADY WINTERSPORTS CLUB PUBLICATION

ALL THE NEWS THAT FITS

SWC, PO 228
Schenectady, NY 12301 1/01/08
Club House Phone (802) 244-8918
SWC INFO Hotline (518) 370-0304
Clubhouse reservations 522-5474

Phone numbers in the Ski Chatter are in the 518 area code unless otherwise noted. WEB Site: www.swc-nnyp.org

Pilates - What It Can Do For You Jan 3rd Meeting

Learn how Pilates can help you get in shape for Skiing. Meghan DelPrete will demonstrate get-in-shape exercises for both men and women in this Mat Class at the Jan 3rd meeting. You are encouraged to bring a towel or mat for the floor and participate. Or, just come and learn how to do your new exercises at home. This program will start at 7:30 sharp. Meghan is the owner/operator of "Reform - A True Pilates Studio" in Saratoga Springs.

There is a social session from 7:00 to 7:30 where you can catch up on what is happening in the Club, programs start at 7:30 before the business meeting.

Ancient Order of Hibernians 1748 State St. is just east of Rt 7 (the Cross town) in uptown Schenectady. From Schenectady take State Street toward Albany. It is on the right approximately 4 1/2 blocks past the Rt 7 overpass. If coming from the Thruway take I-890 to Rt 7 East and exit at State Street (Rt 5). Turn right at the top of the ramp and go East 4 1/2 blocks. From the Troy direction, take Rt. 7 all the way to State Street (Rt 5) and turn left at the top of the ramp and go 4 1/2 blocks to the **Ancient Order of Hibernians 1748 State St.** on the right.

Ski Phantom! Jan 17th Meeting

Dave O'Hanlon, designer, inventor, & president of Phantom Skis will introduce us to Phantom Skis (you got to see 'em to believe 'em) on Jan 17. He'll discuss his experiences in turning an idea and into a marketed product. It all started with some tinkering in his garage and now he's getting great product reviews in national magazines. Is it really that easy?

You might have seen these big boards on the ski rack at any of the local mountains. But probably not on the slopes. That's because inventor Dave O'Hanlon wants you to enjoy the powder off piste. These super fat sticks let you surf the stashes of white gold most skiers can't get to. And they handle groomers too.

These skis aren't from a big multi-national corporation. They're from Clifton Park. They are the product of Dave's ingenuity and perseverance. The original Phantom was crafted from snowboards. Now after some trials and tribulations and refinements, Dave's latest version of the Phantom has received rave reviews from east coast powder hounds. Check 'em out at www.phantomski.com

The meeting will be at the **Ancient Order of Hibernians** in Schenectady.

New England Lost Ski Area Project Jan 31st

Have you ever wondered what happened to your favorite ski area? Why did it close? What was the history behind it? Ever driven by a closed ski area and wondered what it was, its legacy? Then you'll want to make this meeting.

Jeremy Davis, founder of the New England Lost Ski Area Project (NELSAP), is coming back to share more tales of ski areas closed long ago - and some not so long ago. If you have any gratitude and fond memories of those little back street hills operated by folks with a passion for the sport, you'll want to hear what Jeremy has chronicled. Check out the NELSAP website (www.NELSAP.org) to see what this project is about. And take a look at the items in the NELSAP store as some items for sale at the presentation.

There will be time to reminisce about your favorite lost area. NELSAP has expanded into New York and has found hundreds of lost sites. Jeremy is always on the alert for those he hasn't found - or to better document those with sketchy records. He uses topography, vegetation, post cards, photos, oral records, etc. as clues in uncovering former ski hills. Perhaps you have some clues of your favorite hill. If you missed him last time - don't miss him twice. Jeremy will be talking about additional lost centers.

The meeting will be at the **Ancient Order of Hibernians** in Schenectady.

SCHEDULE OF EVENTS

Jan 3 Pilates -What It Can Do For You
Jan 11-13 X-C at the Clubhouse with Anna & Sophie
Jan 14 -18 Ski Stowe, Smugglers & Bolton with SWC
Jan 17 From an Idea to a Product: One Story on How New Ski Products Get Developed
Jan 31 Jeremy Davis- NELSAP Lost Ski Areas in NY
Feb 8-10 Climber Lodge trip
Feb 14 Meeting
Mar 21-23 Clubhouse Easter with the Kornrumpf's

For Sale

For Sale: Snowboard and boots used only 4 times! Purchased at Goldstocks, Loseophy white board and bindings \$125; boots Healside, grey and blue size 9.5 for \$60. Call Ray at 355-1882.

Car Pool - Stowe/Jay Peak

Jay Peak season pass holder looking for someone to share expenses for mid-week Jay Peak/Stowe clubhouse skiing. Any or all weeks. Don Streed 518-339-2150 (Saratoga)

President's Corner: by Bill Schaefer**Turn off the weather reports:**

In the category of lessons learned in recent years, the major one is to not let the TV talk us out of going to our snow sports. The TV weather would have us stay under our beds and off the roads, and if we dared go out and survived the drive, we would for sure have frostbite or worse.

Last years best ski conditions materialized from storms that promised rain, but were significant snowstorms at the higher elevations. There were several 40-inch snowfalls at our favorite mountains in spite of nearly no snow here in the Capital District. Those who have passes or went when they were committed always report they had their best days on the days they would not have gone if they had to make a choice that day.

In spite of the warnings of treacherous driving conditions, the roads in the northeast have never been cleaner. We have gone to a "bare roads" policy and except for the Adirondacks have door to destination cell phone coverage. There are temperature sensors in our highways that the transportation departments use to adjust a precise mix of salts and sands and preposition the plows before the storms. If the roads are slippery at any point in time, chances are good an hour will greatly improve it. This along with more of us owning all-wheel-drive cars then ever before, we should be able to get to the mountains a heck of lot easier than our parents did!

Freddy Andersen, Skiing legend, spoke at our Holiday Party. She said they would start walking at 5:00 am, over a mile to get a bus from Sch'dy to Troy. At that point they would take a train from Troy to Vermont. Keep this in mind and it will make your getting on the Northway seem a whole lot easier. Make your plans, do not listen to the weather- just go!

Planning that Summer Vacation?

Don't forget that Stowe is the "other Cape Cod". Outstanding views and a beach a short walk away makes our clubhouse the perfect place to vacation. Stowe has outstanding bikeways, waterways, hiking, family activities and restaurants. Cheaper than many campsites and with lots more amenities, consider our Clubhouse for your summer vacation.

SWC Members in North Country Meeting at Alpine Ski Shop.

We had a light turnout due to snow and ice. The Alpine has offered their shop for us to meet again. Feb 7th, 7:00 pm is planned - watch the next Chatter and the Website for details.

Warren Miller Movie Update

A big thank you goes to John Bidell, Mike Baker, Pete Weykamp, Merry Huber and Jon Skalwold for their fantastic work selling tickets for this year's Warren Miller movie. We sold 516 tickets, close to last year's all time record. Over all, more than 4927 people attended this year's show and we made about \$3300 for our efforts. We also handed out magazines and vouchers to almost 5000 people in 3 hours time with most of that occurring within 20 minutes of each show. There were three shows this year as compared to only two last year. A big thank you goes out to those people who worked the doors (too numerous to name individually) for their great efforts. Again, THANK YOU.

Also, don't forget to use the passes that you received from the show.

- The free lift ticket at Stratton Mountain valid Mon 3/31 – 4/13, or a 2 for 1 lift ticket valid Mon – Fri 1/2 – 3/31 (excluding 1/21 & 2/16-2/22)
- The free Mid-week lift ticket to Smugglers' Notch valid until 2/1 (excluding 12/24 – 1/8 & 1/21).
- The free lift ticket to Jiminy Peak valid for a 2 for 1 ticket valid 3/6 to the end of the season.
- The free lift ticket to Windham Mountain valid until 1/24/08 (excluding 12/26/07, 1/8 & 1/19 – 1/21)
- The free lift ticket to Ascutney Mountain valid on 1/13, 2/10 & 3/8

**STOWE APPRECIATION DAYS
Trip Jan 14 to 18**

A group of SWCERS will be heading to the Clubhouse on Monday night, Jan. 14th to ski at Stowe on the 15th and 16th using the appreciation day prices. Then, we will head over to Smugglers Notch on the 17th using our Warren Miller coupon. Returning on Friday the 18th we may stop in at Stratton for a council day of skiing or perhaps Bolton Valley if 2 for 1 passes are available. If interested please call Bob Wright at 279-1428 or e-mail at wright19@nycap.rr.com to let him know.

SKI 93 WITH SWC Trip Closing

Bob Wright is having difficulties getting the time to organize and participate in the SKI 93 event publicized in the Chatter for the last two issues. Please call Bob at 279-1428 (e-mail at wright19@nycap.rr.com) if you would like to help or for more information.

Cross Country Corner: by Anna Dugan**NORDIC TRIPS- HOTLINE 370-0304**

Call the Nordic hotline to join a trip. Contact me at 372-2915 or glschmidt17@yahoo.com to open your outing to club membership or for information.

Wednesday Skiing

"Everybody needs beauty as well as bread, places to play in and pray in, where nature may heal and give strength to body and soul alike." John Muir

With that in mind, we have decided to rekindle a past tradition of getting together on Wed to X-C ski locally as soon as the first snow arrives (and it has).

Wed will be the official X-C snow day. We'll take suggestions, trying to stay somewhat local for this 3- to 4-hour day trip. If you see snow forecast, pack a lunch and call the hot line or Ruth Brondel-381-6899, Kelly de la Rocha-280-4150, Anna Dugan--489-5092, Don Patneau-887-5483, Terry Tamer-435-1704 to see where we are skiing.

Jan 6 EMS Stomp into Winter Snowshoe Demo: 10am-3pm

The Eastern Mountain Sports store in Albany is hosting a Snowshoe demo day to try the latest snowshoes or just experience snowshoeing. EMS staff will be on hand along with reps from MSR at the Albany Pine Bush Preserve at the Discovery Center. Members will be out enjoying winter as they experience snowshoeing in the beauty of the Pine Bush. Snowshoe reps will be on-site. **CONTACT:** Emily Durrant, 482-0088. edurrant@ems.com

Jan 19 Come And Howl At The Moon Full Moon X-C Ski Outing

Join in a fun afternoon and evening at **Lapland** X-C Ski area on **Sat, Jan 19**. Ski and enjoy a great dinner in their restaurant (about \$16/plate). Some dishes are of Finnish origin; all are delicious.

There may be skiing on the lake and a full moon is expected, with bon fire on the beach. Call **Frank Puglia at 829-7281** so he can make very necessary dinner reservations in the cozy restaurant.

Jan 11-13 X-C Clubhouse weekend

Ana Dugan is teaming up with Sophie Leary to lead an X-C weekend at the Clubhouse. Make your reservations and give Anna a call on 489-5092.

Feb 3, Thunderbolt Trail

Pending snow conditions, member & Adams MA resident "Sid" Sidway will lead a group up the Bellows Pipe Trail to ski Mount Greylock. Open to Alpine as well as Tele skiers. Should climb using snowshoes or skins. A 3-mile climb to this historic trail. Contact Lat Schmidt (372-2915 or glschmidt17@yahoo.com) for info & carpool. Rain date is following Sat. 2/10.

CLIMBERS LODGE**SKI WEEKEND FEB 8-10, Keene, NY**

There is some space available for the weekend so call 882-5462 ASAP to make your reservation.

Ski at the Climbers Lodge and Guides House in Keene Fri. - Sun. Feb. 8-10. The Lodge is at the eastern end of the Jack Rabbit Trail, via the Barkeater Inn Road. Bedding and towels are provided. Breakfast (\$5) is served in the Guides House by pre-request. It includes a choice of homemade granola, breads, fruits and yogurt. Or cook your own at the Climbers Lodge. Suppers are potluck. Cost is \$30 to \$40 plus tax per person per night. A deposit of \$40 is needed. You may join us for the day, but let us know. If you plan to eat supper you must contribute a food item.

There is a variety of skiing available in the area. Friday afternoon, we take a run down the Jack Rabbit trail from Rte 73 to the Lodge. Hiking and snowshoeing are possible. Call Jean and Warren Burton about space available (872-2333) or e-mail to wburton2@nycap.rr.com. Send \$40 check made out to Jean Burton to: Jean Burton, PO Box 46, Gallupville, NY 12073

Feb 10 New England Telemark Telefest

& East Coast Slopestyle: at Stowe. Certified, professional telemark instructors provide clinics and demo gear. NE Telemark.com or [email info@stowe.com](mailto:info@stowe.com) or call 800-253-4754.

Feb 24: Torchlight Parade & Fireworks.

Stowe. www.stowe.com

Feb 29-Mar2 Camp Fowler trip

Our annual Camp Fowler trip will be Feb 29-Mar2 in the heavy snow area south of Speculator 1 1/2 hours from Capital district. The Pine Cabin has a large fireplace lounge, fully equipped kitchen, modernized baths w/showers and bunkrooms w/good mattresses. Pot-luck dinner Fri night and eat out, for those who choose on Sat night. Ski trips for both the ambitious and the more leisurely--also excellent snowshoeing. Pine Cabin has been a favorite in past years, so mark your calendar and call Ruth or Jens Brondel at 381-6899 for full information, directions, and pot-luck details to be mailed. Reserve your spot now!

Mar 10-11; The 31st annual North American Telemark Festival

NATO is the world's oldest and largest gathering of Telemark skiers. Telemarkers are treated to clinics ranging from beginner to radical terrain skills. Located at Mad River Glen, a 40-minute drive from the Clubhouse where Martha Van Fleet will be hosting. Major Telemark equipment manufacturers are on hand to give skiers the opportunity to demo all the latest equipment. 1-800-835-3404 or visit NATO's website at www.telemarknato.com \$50 or \$96 both days

Clubhouse Corner:

Clubhouse Reservations for 07-08

Ed Miller, our Clubhouse reservation coordinator prefers that you e-mail your reservations to him at swclodgeres@yahoo.com. Please use "SWC reservations" on the subject line of your e-mail reservation. Include: your **name, names & gender of all** with you, **arrival & departure dates**, room preferences, if you will be eating Sat dinner, your phone **number and address**. If you do not have email, you can call him at our **new reservation number (518)-522-5474** between **10 am and 10 pm**. You can also sign up at the regular Club meetings.

Clubhouse Rates Reduced for Kids

Starting last spring we set up reduced rates for juniors. We hope that these rates (along with the ski deals noted elsewhere in the Chatter) make vacationing in the ski country more affordable for families. The rates are on the billing forms at the Clubhouse and member winter ski season rates are as follows:

Member	Dinner	Break fast	Lodging: Weekend Holiday	Lodging: Mid-week
Adult	\$6	\$3	\$20	\$15
Junior	\$6	\$3	\$10	\$7
6 and Under	Free with Parent			

Friday night – weekend rates apply. Sunday night (non-holiday) - mid-week rates apply.

Guest rates are on the billing form and are slightly higher (encourage your guest to join!). Remember guests must be accompanied by a member at the Clubhouse. **Do not give your Clubhouse combination to anyone, you must be there to let them in and show them the Clubhouse.**

Really Cheap Tickets at Stowe

Stowe is again offering Club Appreciation weeks on Jan 14-16; and Mar 19-23. Ticket prices are:

Adult lift tickets Child/Senior lift tickets

(13-64 yrs old): (6-12 & 65+):

1-day=\$38 1-day=\$21

2-day=\$64 2-day=\$27

3-day=\$90 3-day=\$37

4-day=\$118 4-day=\$48

5-day=\$137 5-day=\$55

Bring your SWC card and a photo ID to the Mansfield Guest Service Desk to get your discount.

You can also register by E-mail to Group Sales at sales@stowe.com. Use subject line "Ski Club Week RSVP" and list how many people in your party and how many tickets (and which type) you will be purchasing. You can also call the sales office @ 800-253-4SKI with any questions.

Weekend Clubhouse Hosts Needed Now

We are looking for new (and returning) Clubhouse Hosts for this season. The following weekends are still available: Feb 1-3, Feb 8-10, Feb 22-24, Mar 14-16, Mar 28-30, April 11-13, April 18-20, April 25-27

Anybody going up to the Clubhouse is a potential weekend Host. We would like to have fun by advertising theme weekends this year. How about Italian, Polish and Chinese nights? If the Hosts commit early perhaps they can advertise their menu to appeal to the new members. Your imagination can develop interest in the Clubhouse. People think with their stomachs!

Stowe Points Card Free to SWC

The Stowe Points card provides for a discount on Lift Tickets (excluding Saturdays and Holidays). After accumulating points, you earn a free lift Ticket. For details on how points are accumulated, go to www.stowe.com/tickets/specials.php. Ask for the Points Card at the Guest Services Desk – have your SWC Card and a photo ID with you.

Guided Tours of Stowe, Sugarbush and Jay Starting on March 15

Walt Kangas and Jon Skalwold will be at the Clubhouse beginning March 15 for about a week. We will be there to take advantage of the Stowe Club Appreciation week. Walt will give tours of Stowe and we will all explore the other mountains. If interested, make reservations at the Clubhouse, get your discounted tickets, and we will see you there. You can also give Walt (370-5136) or Jon (382-8458) a call for more details as we get closer to the dates.

CATAMOUNT TRAIL ASSOCIATION WINTER 07-08 MEMBER REWARDS

The Catamount Trail Ass'n supports the protection and maintenance of the 300 mile Catamount ski trail running the length of VT. Membership is \$35, which in addition to supporting a worthwhile organization gets you their member rewards program.

The program for this season includes 50% off or 2 for 1 ski passes at 24 Vermont Nordic ski areas including: Trapp Family Lodge, Stowe Touring Center, Smugglers Notch Touring, Topnotch Resort and Bolton Valley.

They also have 2 for 1 or reduced lift ticket coupons at Bolton Valley Ski Center, Jay Peak, Smuggler's Notch, Mad River Glen and Bromley. Various other retailers and businesses offer discounts through the program. CTA is at 1 Mill Street, Suite 350, Burlington VT 05401. You can check out the details at www.CatamountTrail.org.

Alpine Skiing Corner: by Dorie Valenti SWC Invitational at Gore FEB 10TH

Come and celebrate our 75th year at Gore. Race start time is 10 am, and the keg gets tapped at 3:00 pm. We need spectators, cheerleaders, gatekeepers, and loud and boisterous skiers. Shy and demure skiers are also welcome. First timers, many timers, and life timers should all join us for this festive event.

Tryouts for the SWC Alpine Race team resulted in many empty bottles of wine, red and white, and only a few empty bottles of beer. This indicates something. If anyone has any idea what this may indicate, please let someone know, and we will address the issue. Unfortunately, this year's SWC spandex team racing suits were somehow lost in the mail, and we are investigating. Again, if anyone has any knowledge of the whereabouts of these suits, please let someone know. Imagine your SWC racing team, screaming down the mountain and through the gates, clipping and snapping the poles, SWHISH CRACK! And all in neon blue complete with the big S (for SWC) embroidered in silk on the back.

Bomber's Clinic and Skiing Tales

The snow was falling on Stowe and Bomber's was blessed this year. The skiing was fast, our edges were sharp, and the old group, oops, I mean the Gold Group, snuck out of class to ski the powder, getting a tip from an insider for sure, you know, one of those Stowe Hosts, and it was Video Day on the race course.

Hey! There's no one here, my class of three responded. Can we go? "When I signal" said the cameraman, and the cameraman skied down to a vantage point and signaled for one, for two, and then me! How cool is this? I was on my Solomon Verses, and crack crunch skidding around the gate and by the cameraman. It was also Demo Day at Stowe. Let's Demo some, I said to my son and we snuck out of class and skied down to the lodge to demo a real pair of skis. My kid chose the Tiger Sharks. Don't ski over any rocks! Exclaimed the Keeper of the Volkl demos. He seemed a tad bit concerned handing over the \$1100 ski to my 16 year old. He handed me the Volkl Lunas, and I loved them. "Let's find the course," I said to Pete and see how these skis do.

Hey! There's no one here. Can we go, we asked the cameraman, and he signaled, and swooshrrrrrip, down we skied. That was great! I decided to go back for another pair. This time the Volkl folks gave me the Tierras, stiffer, better for the course, he said, and sure enough! Swooshrrrrrip, right by the cameraman. Better, said I. Much better.

After lunch we stopped by the lodge to view our videos, and hey! That's me! Swooshrrrrrip around the gate. Pause. My image stops: My arm is down, I'm following my tips - why wouldn't I follow my tips? "You don't want to follow your tips" and she demonstrated how my shoulders were at an angle.

Guys! Where've you been? Powder? You didn't get taped? Rewind, and I ski backwards up the course. I'm still following my tips? No videos of the Gold Team? The Gold Team teacher shows me swooshrrrrrip around the gate. Pause. Let's analyze this skier, and there I was suspended in motion, neither moving backwards nor forwards around the gates, and there sat the Gold Team watching me. Cool! They were watching me! I pretended for the moment that they learned everything they knew about skiing from me! Pirrrrrrrrwoooows. Backwards to the starting gate. Do you see how she follows her tips?

I didn't realize then what was happening to me. Maybe what initiated what happened next was having to ski backwards up the course, once and again, and then some more, or perhaps some sort of divine intervention occurred for when I got home from the weekend sitting in my mailbox was skiing magazine's reviews of a bunch of women's skis. Hmmm. I think they said they'd be at Mount Snow the following weekend, and sure enough. Demo Day at Mount Snow. Saturday. I was there, a Demo Groupie. Didn't even bring my skis to the mountain. I knew my din and stuff by heart, knew it all, and I went to the K2s for the Burnin Loves. Whoa! Hot Hot Hot! Too stiff, I told the Demo Dealer. I like the bumps. I need something with more flex. You'll like this one, he said, the One Luv. Nice one. Did up some Rossignol's, the Attraxion III, the Freestyle B78, I loved. My favorite one though was the Nordica Mint, not because I like the ski, but liked the artwork. I'm 54 years old, I told the Demo Dealer. I can't wear a pair of skis with a naked woman painted on them. Sure you can, he said. Why not? You skied on Burnin Luvs didn't you? Okay. I took the skis and on my first ride up the chair with them, I sat with two thirty-something men. What do you think of these? I asked them, and held up my ski. Whoa! Sexy! What's that spot on her breast? I don't know, I said. Does it come off? I rub the snow off the ski. No. It's part of her breast. Strange breast. We parted ways and the skis were fun! Over the mogels and into the lift line again. This time I rode up with three fifty-something men. What do you think of these? I asked them, and held up my ski. Whoa! Sexy! What's that spot on her breast? I don't know, I said. It's not snow. It's part of her breast. Do you think these skis were made with 54-year-old women in mind? I asked. Hmmm. Then the one on the other end says, I think they should've been made with 54-year-old men in mind! Hey guys, let's go down and see if we can Demo these. I wouldn't mind skiing on a pair of young naked women. Yeah, I'd rather ski on naked women than a pair of vipers any day.

My favorites were the Rossignol B78s. I really liked the B78s. No love, all ski. Hey! Look at this. Gore's having another Demo Day. Cool!

Ski Council Days

The New York Capital District Ski Council has once again arranged a great season of inexpensive skiing at some of the best ski areas in the area. Please patronize these areas in support of getting these great deals (if we don't we may lose our ability to get the good deals). We also need to make sure that we leave a positive impression at each of these areas. Make sure you let the ticket agents, the mountain hosts, and the lift attendants know that SWC'ers were in attendance on a given day. We need to be heard! Also, you need to keep watching the NYCDSC web page at www.swc-nnyp.org or www.nycdsc.org for updates between newsletters.

Lastly and MOST IMPORTANTLY - All mountains will require YOU TO SHOW the SWC membership card and photo ID - all members must have cards including children (you should have received a youth membership card for each child)

2007-2008 Council Appreciation Ski Days

Fri 12/21 - Okemo \$30 * Go to Group Sales Trailer
 Sun Jan 6th - Bromley \$29 * Any ticket Window
 Fri 1/11 Mt Snow \$32 Sun Lodge Grp Sales Window
 Sat 1/12 Mt Snow \$39 Sun Lodge Grp Sales Window
 Wed Jan 23rd - Whiteface \$35 - Any ticket window
 Fri Jan 25th Okemo \$30 * Go to Group Sales Trailer
 Fri Feb 1st - Whiteface \$35 - Any ticket window
 Sun 2/3 - Mt Snow \$32 Sun Lodge Grp Sales Window
 Fri 2/8 - Mt Snow \$32 Sun Lodge Grp Sales Window
 Fri Feb 8th - Bromley \$25 - All \$\$ goes to Susan G. Komen Breast Cancer Foundation
 Sat 2/9 - Mt Snow \$39 Sun Lodge Grp Sales Window
 Sun Feb 10th - Gore \$TBD - SWC Council Race
 Fri 3/7 - Mt Snow \$32 Sun Lodge Grp Sales Window
 Fri 3/7 - Okemo \$30* Go to Group Sales Trailer
 Sat 3/8 Mt Snow \$39 Sun Lodge Grp Sales Window
 Mon March 10th - Bromley \$23
 Mon March 24th - Whiteface \$35 - Any ticket window
 Tue March 25th - Whiteface \$35 - Any ticket window
 Fri March 28th - Bromley \$23
 Mon April 7th - Whiteface \$35 - Any ticket window
 Tue April 8th - Whiteface \$35 - Any ticket window

Other deals:

Belleayre is offering \$10 off non disc tickets every day for all council club members.

Belleayre -\$15 days - 12/14, 2/15, 3/14, 4/11. Free on your birthday or +6 Months for summer babies \$10 1/28 - 2/1 \$25 Holidays: Christmas 12/25, Easter 3/23

Jiminy Peak \$8 off on Tue Go to website and get E-coupons - 1/12-14, 12/16-17, 1/14, 1/30, 2/11, 3/10
Gore Coke Deal: \$35 lift ticket with a Coke product on any Wed starting in Jan except President's week.

Bromley Family Fridays Combine Bromley's \$25 midweek/non-holiday ticket with the Family Friday deal. Each paying adult pays just \$12 per kid for up to three kids. Jan 4, 11, 25; Mar 7, 14, 28; April 4

Bromley New This Season \$30 Lifts & Lunch Tuesdays. \$30 lift & lunch ticket on most Tuesdays throughout the season. Not just any ordinary lunch but a full, sit down, waitress-served lunch at the Wild Boar Tavern. Everything is included, an all day lift ticket and your pick of the menu, except the tip! Lift and Lunch Tuesdays are December 18; January 8, 15, 22, 29; February 5, 12, 26; March 4, 11, 18, 25.

Bromley MOM'S DAY OFF Feb 8th: Hey Mom! Show us a picture of your kid and ski or ride all day for a \$15 donation to the VT-NH Affiliate of the Susan G. Komen For the Cure. 100% of tickets are donated.

Bromley ST. PATRICK'S DAY SPECIAL 3/17: Wear something green for a \$17 ticket.

Bromley A FOOLISH SPECIAL! 4/1 : D'OH! a two-for-one Tuesday!

Whiteface 1/25 50th Anniversary of Whiteface, reduced Lift Ticket Prices

Whiteface Club Appreciation Days

Whiteface has \$35 tickets for Ski Club members on 1/23, 2/2, 3/24-25, 4/7-8. The regular price is \$64. You have to show your membership card.

Jay Peak Tickets

Did you know that as of December 12th Jay Peak had received more than 119 inches of snow? With between 24 to 50 inches on the ground, Jay Peak has almost the same coverage as Alta in Utah (Alta has received 121 inches and has about 47 inches on the ground)! So why waste the time and money to fly to Utah to ski the powder when we have our own powder mountain right near our Clubhouse and with a ticket price that can't be beat. [Editors note: Because the snow really is deeper and terrain Bigger at Alta]

SWC has discounted Jay tickets good any day for \$35 (juniors @ \$33 for ages 6-18). Send Dawn Knutson (5 Colonial Drive Schenectady NY, 12306-3507) a self addressed stamped envelope with a check for the number of tickets you want. Give yourself plenty of time. Bill Kornrumpf will have some tickets at the Clubhouse - when he is there.

Projector Donations

A Thank You for our latest donation from the Kornrumpf's. We are at about 1/3 the way to our goal. The projector improves our monthly programs and it is used when we present to other groups about our club activities. If you are interested in donating, contact any board member or send donations to the Club PO box. Thanks for improving the club!



THE BLADE

box 228, Schenectady, New York 12301

PUBLISHED MONTHLY FOR MEMBERS OF
NORTHERN NEW YORK PADDLERS

Jan 1, 2008

Paddlers Banquet Feb 16th at Brandon's

Don't forget to join the fun at the Annual Paddlers' Dinner Banquet on Saturday, Feb 1, at Brandon's, 1725 VanVranken Ave, Sch'dy, 6pm cash bar; 7pm dinner.

The rumor of a guest speaker is absolutely true, and it should be quite enjoyable: Chuck Irose has traveled all over the world, practically, and will present his slides of kayaking, followed by a self-written folk song of the same genre. Another rumor has it that Uncle Don will be dressed in his Saturday evening best. Surely you won't want to miss this one! Contact Kim Greiner at email twobears@nycap.rr.com, or at 875-6497. Checks for \$22 per person (includes tax & gratuity) should be mailed to Kim at 558 Old Hwy. 30, Esperance, NY 12066. ...*Kim Greiner*

Paddlers Keeping in Shape

Yo, all paddlers! I have it on good faith that two of our top racers have a secret strategy for racing season. Here it is:

All winter, this popular couple keeps aerobically fit by x-c skiing up hills, pushing their ability to the limit. (I'm sure they go home and collapse in a hot tub or something, but don't say I said so)! In addition, they work out on machines that use all the muscles and body parts (oh, it sounds torturous!), timing themselves on each machine, and switching stations. Of course, then they do relax in a sauna. (See? I knew it!) :-)

So, what can we learn from these fast paddlers? Whatever your regimen is, whatever works for you, keep moving, moving, moving all winter. Remember to rest the muscles also. Join the x-c ski group/s, walk with purpose (fitness), and just stretch and use the core muscles while we wait for spring and the flowing waters to return. It won't be long, so don't delay! See you at the Banquet.*Anna Dugan*

For Sale

(Ads will run for 2 issues. Renotify editor for renewal)

Olympic Sprint Kayak.

Jaguar by Gaybo Boats (UK). Previously owned by US Olympic Team member. Kevlar, wood seat, white with British Flag, \$1,200 obo. Call Joe (518)762-9558.

Oldtown Canadienne Canoe

Classic design, 16 foot fg Canadienne canoe by Oldtown. Fast, maneuverable. Sliding front seat arrangement suitable for single or double person paddling, and tripping. Wood and hull in near new condition. Very favorable reviews (Google: oldtown canadienne canoe). Two virtually new Oldtown wooden paddles included, \$1000. Call Al (518) 438-5540.

Club Canoe Availability

We (SWC/NNYP) have canoes, paddles, PFD's, and one kayak for use:

18' 6" Wenonah CC 18' 6" Lincoln CC 18' 6"
Sawyer CC 18' 5" Alumicraft 12" Acadia Kayak

These boats may be borrowed by Club members for a \$5/day, \$25/week donation. They are located at Uncle Donnie Patneau's house at 741 River Road, Lower Rotterdam Junction (about 0.3 mile from the Kiwanis boat launch. 518-887-5483).

There are four canoes for members who are up at the Clubhouse, but no fair using them on Nosedive!

News Updates

Remember to send all the Blade dirt you can to me, Allan Foster: adfos@aol.com, 379 McCormack Rd, Albany, NY 12208, by the 12th of month. I'd suggest putting NNYP, SWC or Blade in any email Subject title line so I don't spam you, and pictures should be less than 100Kb. If you are using US Mail, let me know (438-5540) in case I'm traveling.

**Schenectady Wintersports Club
Northern New York Paddles
PO Box 228
Schenectady New York 12301**

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Walt Kangas, Clubhouse Director	H 370-5136
Tony Dorangrichia, At Large	H 435-9981
At Large	(open)
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Others:

Jean Burton, Membership	H 872-2333
Gina Kornrumpf Bike coordinator	H 370-4017
Bill Kornrumpf, Chatter Editor &	H 370-4017
Clubhouse Facilities Coordinator	wkornrumpf@ieee.org
Allan Foster Blade Editor	adfoss@aol.com H 438-5540
Dorie Valenti Webmaster	doriev@verizon.net H 334-0652
Ed Miller Clubhouse Reservations	518-522-5474
Clubhouse at Waterbury Center	802-244-8918

Change Of Address Notices

Send change of Address notices to: Jean Burton, PO 46, Gallupville, NY 12073 or wburton2@nycap.rr.com. Do not send to the editors, or the Club PO Box, they will get lost.



Pioneering ski instructor Freddie Anderson speaking at the Holiday Party. Shown here in her ski clothes from the 40's



Intrepid SWC'ers at the Pine Bush Preserve